



CASA DI CURA PARK VILLA NAPOLEON



Park Villa Napoleon Clinic is located inside Villa Rieti Rota, an 18th-century Venetian villa, whose architecture and atmosphere have been preserved.

Purchased in 1966 together with the entire 52,000 square meter park area, it is located along the “Terraglio”, the state road connecting Venice and Treviso, which hosts some of the most beautiful Venetian villas from the period of the Serenissima Republic of Venice.

Over time, Villa Rieti Rota has undergone careful renovations, maintenance and modernization, allowing it to reach its current structure, balancing efficiency and hospitality within a historical setting surrounded by a centuries-old park.

THE CLINIC

Founded in 1968, Park Villa Napoleon Clinic is a private healthcare facility accredited by the Italian National Health Service and specialized in the treatment and rehabilitation of mental disorders and psychosomatic medicine.

The clinic is divided into three buildings, one of which has recently been renovated and expanded, offering single and double rooms, all equipped with private bathrooms.

Patients also have access to a large park with centuries-old trees and spacious common areas.

Healthcare professionals are present 24 hours a day to provide comprehensive care for patients: physicians, psychologists, nurses, professional educators, social workers and healthcare assistants, all identifiable by name badges.

SERVICES

The guiding principle of Park Villa Napoleon Clinic is the integration of techniques

and relational models in patient treatment and care, since we consider attention and listening to the person's health needs essential in the treatment of mental disorders. Therefore, not only techniques, but above all relationships. Patient welcome and satisfaction are our priority.

HOSPITAL ADMISSION

Admission to the clinic may take place either privately, with costs borne by the patient, or through the National Health Service.

Public admissions require a referral and/or booking with a prescription from the General Practitioner or another public health specialist (for "acute" admissions – for "rehabilitation" admissions, in addition to the GP's prescription or another public specialist's referral, the psychiatrist of the Territorial Service must also complete either a referral report or the patient's individual rehabilitation treatment plan).

The clinic is able to provide hospitalization both for patients in an acute or subacute unstable phase and for patients requiring psychiatric rehabilitation.

Patients are requested to attend the clinic by appointment for administrative admission procedures (a valid ID and health card are required) and subsequently for medical and nursing intake assessments.

It is possible to request a single room with private bathroom by paying an additional daily fee in the case of National Health Service admissions.

Waiting times vary according to the patient's condition between 0.37 and 27.70 days (data from the second half of 2025), in compliance with Regional Resolution DGR 626 of 04/06/2024. The clinic guarantees availability to accept all psychiatric emergency requests.

ELIGIBILITY CRITERIA FOR HOSPITAL ADMISSION

Acute ward:

- Patients with acute psychiatric conditions;
- Patients with acute conditions not yet stabilized;
- Patients suffering from chronic psychiatric disorders in relapse;
- Patients undergoing rehabilitation treatment who experience worsening symptoms;
- Patients older than 11 years. Patients aged between 11 and 18 admitted after evaluation and accompanied by a parent or legal guardian;
- Patients without severe organic impairment requiring specialist assistance.

Rehabilitation ward:

- Patients with psychiatric disorders initially stabilized but still unable to continue treatment outside the hospital environment;
- Patients requiring a rehabilitation pathway to achieve full wellbeing;
- Patients older than 11 years. Patients aged between 11 and 18 admitted after evaluation and accompanied by a parent or legal guardian;
- Patients without severe organic impairment requiring specialist assistance.

MEDICAL AND PSYCHOLOGICAL OUTPATIENT VISITS

The clinic's services are not limited to inpatient care. Psychiatric and psychological outpatient visits are available both privately and through the National Health Service.

For public healthcare visits, patients must already possess the GP prescription at the time of booking, which can be made either directly at the reception desk or by telephone.

Waiting times comply with DGR 626 of 04/06/2024, which establishes priority

classes.

PHARMACOLOGICAL TREATMENTS

“THERAPY AS A SERVICE”

Healthcare services include psychological and psychopathological diagnostic evaluation and expert pharmacotherapy with adjustment to the minimum effective dosage.

Drug therapy is monitored daily by the medical team.

The administration of antibiotics and benzodiazepines is constantly reviewed with the aim of reducing their use exclusively in the patient's best interest.

Furthermore, prescriptions take into account the patient's previous clinical history and their ability to take different pharmaceutical forms, promoting agreement between patient and therapist.

THE IMPORTANCE OF A “SECOND OPINION”

To provide the best possible care, the clinic relies on the opinion of a second physician, clinically experienced in specific pathological areas, to compare, confirm or reassess an initial diagnosis, therapeutic indication or pharmacological reassessment.

Professor Enrico Smeraldi, Emeritus Professor of Psychiatry at Vita-Salute University at San Raffaele Hospital in Milan, offers his extensive experience to support our healthcare staff with suggestions and improvements to optimize patient care.

NON-PHARMACOLOGICAL TREATMENTS

Non-pharmacological treatments (rTMS, Light Therapy, tDCS), available to all hospitalized patients in both the acute and rehabilitation wards, represent the latest scientific advances for the treatment of conditions that until a few years ago were treated only pharmacologically and/or psychotherapeutically. The advantage of these therapies is that they are non-invasive and can also be administered to patients resistant to medication or unable to take drugs (e.g., pregnant women).

The clinic has invested heavily in this field by acquiring advanced equipment and training its staff to complete the care service offered to patients. The effectiveness of these therapies is monitored through specific testing administered before and after treatment.

1) REPETITIVE TRANSCRANIAL MAGNETIC STIMULATION

TMS, the English acronym for “Transcranial Magnetic Stimulation”, is an advanced non-invasive brain stimulation technique applicable to psychiatric and cognitive disorders.

This therapy is performed by applying a “coil” to the scalp, through which a strong and very brief electrical impulse passes, generating a variable magnetic field that penetrates the underlying brain tissue and stimulates nerve fibers. In the repetitive rTMS variant, mild “subthreshold” stimuli are delivered with variable frequency.

This therapy is painless and represents one of the latest medical advances for the treatment of substance addiction, obsessive-compulsive disorder, depression, generalized anxiety disorders, post-traumatic stress disorder and chronic migraine.

The clinic is also equipped with an advanced neuronavigation system that guarantees treatment precision and effectiveness.

The great advantage of rTMS is that it may replace pharmacological treatment in drug-resistant patients or be used in subjects unable to take medication, such as pregnant women.

OUTPATIENT TRANSCRANIAL MAGNETIC STIMULATION

rTMS therapy is also available on an outpatient basis. Access and administration protocols are the same as those used during hospitalization.

2) LIGHT THERAPY

This technique uses light to “allow the physician to enter the patient’s mind in order to treat it”.

One of the main functions of light is to increase serotonin production, the neurotransmitter also known as the “good mood hormone”. All patients may access this non-invasive treatment, which consists of exposure to special lamps during specific times of the day.

3) TRANSCRANIAL DIRECT CURRENT STIMULATION

tDCS, developed in Italy and now used worldwide, is a simple, effective, painless and non-invasive technique used to stimulate various parts of the brain.

Studies indicate that it may be useful for depression, anxiety, Parkinson’s disease, Alzheimer’s disease, chronic pain, addiction and post-stroke rehabilitation.

The stimulation consists of a weak direct electrical current applied through electrodes placed on the scalp.

If stimulation is repeated several times, benefits may become more stable and long-lasting.

This therapy is available to all clinic patients upon medical prescription.

INDIVIDUAL AND GROUP PSYCHOTHERAPY

The psychology service includes a team of physicians and psychotherapist psychologists.

After the first psychological assessment, each patient is assigned a psychologist who becomes the main point of reference during hospitalization. The psychologist conducts individual sessions and guides patients through group psychotherapy activities.

The following therapy groups are available:

- RiAB28 (for addiction patients)
- Depression
- Mental health education (also open to family members)
- Ψ-D group (dedicated to women)
- Inte.g.r.o. group
- Reflect and Share group
- Imaginative Therapy
- Expressive group

Educational groups led by the professional educator are also available.

Patients also undergo targeted psychological testing to evaluate wellbeing and treatment effectiveness.

CHILD NEUROPSYCHIATRY

Thanks to collaboration with a specialist in child neuropsychiatry, the clinic offers hospitalization and outpatient visits for adolescent and pre-adolescent patients.

NEUROLOGY

A neurology service is available to all hospitalized patients under the supervision of Dr. Giuseppe Maccarrone, including EEG examinations upon specialist request.

CARDIOLOGY

All patients undergo cardiological screening including ECG, cardiology visits and echocardiography.

NURSING

Nursing services operate 24 hours a day in every ward. The staff, composed of nurses and healthcare assistants, provides preventive, curative, palliative and rehabilitative care.

SOCIAL WORK SERVICE

A social worker is available to support patients and their families in difficult situations and to coordinate assistance resources available within the clinic and the local community.

PROFESSIONAL EDUCATOR

The professional educator organizes and manages educational and rehabilitation projects and activities during hospitalization.

ADDITIONAL SERVICES

Available services include:

- Recreational and creative activities
- Psychomotricity sessions
- Sports activities
- Personalized menus
- Library
- Religious assistance
- Safekeeping service
- Complaint service
- Morning service desk

ADDICTION TREATMENT:

THE RiAB28 METHOD

A specialized service for substance and behavioral addictions has been active for many years.

The RiAB28 method (“rehabilitation”) consists of a 28-day treatment program combining pharmacotherapy and individual/group psychotherapy.

The multidisciplinary team includes physicians, psychologists and nurses.

Daily psychotherapy groups are held in the dedicated psychotherapy room.

The program also includes non-pharmacological treatments such as repetitive transcranial magnetic stimulation.

DAILY LIFE

Daily life at Villa Napoleon is organized according to a care and rehabilitation model focused on wellbeing recovery through therapeutic interventions carried out in patient rooms, common areas and the villa park.

Upon admission, patients receive the rules and regulations regarding schedules, services and conduct during hospitalization.

Patients are encouraged to bring comfortable clothing suitable for psychomotricity sessions.

Patients are informed about the course of hospitalization, treatments, examinations, prognosis and discharge expectations whenever possible.

Each patient is assigned to a multidisciplinary team composed of physicians, psychologists and nurses who become the main point of reference for the patient and their family members.

Treatment plans are personalized according to the patient's needs, values and beliefs. Patients participate in both individual and group psychotherapy pathways.

HOW TO...

BOOK A PSYCHIATRIC OUTPATIENT VISIT OR A CLINICAL PSYCHOLOGICAL CONSULTATION

Appointments may be booked directly at the reception desk or by telephone from Monday to Friday, from 3:00 pm to 6:00 pm.

BOOK A HOSPITAL ADMISSION

Patients must contact one of the clinic physicians to arrange hospitalization.

At admission, patients must provide:

- Valid ID
- Health insurance card
- Previous medical documentation
- GP or specialist prescription for National Health Service admissions

ACCESS THE TRANSCRANIAL MAGNETIC STIMULATION OUTPATIENT CLINIC

Patients must first contact one of the clinic physicians to schedule screening.

VISIT A HOSPITALIZED PATIENT

Visiting hours are Monday, Wednesday, Friday and Saturday from 3:00 pm to 6:00 pm unless otherwise specified by regulations or the Medical Directorate.

AVERAGE WAITING TIMES

	Priority Class of Services Provided	Criteria for the Creation of Waiting Lists	Expected Waiting Times	Actual Average Waiting Times
Medical outpatient visits	n. 387	Refer to note 1	≥ 14 days	13,52 days
Psychological outpatient visits	n. 195	Refer to note 1	≥ 16 days	15,32 days
Acute ward admissions	Maximum priority	Refer to note 2	≥ 1 days	0,44 days
	Urgent priority	Refer to note 2	> 5 days	4,00 days
	Scheduled priority	Refer to note 2	> 35 days	18,94 days
Rehabilitation ward admissions	Maximum priority	Refer to note 2	≥ 1 days	0,37 days
	Urgent priority	Refer to note 2	> 5 days	3,41 days
	Scheduled priority	Refer to note 2	> 39 days	27,70 days

N.B.: data refers to the second half of 2025.

1: Criteria for the creation of outpatient visit waiting lists:

The waiting lists that are created depend on the availability of doctors and psychologists, as well as on the priority levels indicated on the referral forms by General Practitioners (GPs), in accordance with Regional Government Resolution (DGR) No. 626 of 04/06/2024, which establishes the priority classes.

2 Criteria for the creation of waiting lists for inpatient admissions (psychiatry):

The waiting lists that are created depend on the availability of hospital beds and on the medical assessment of urgency carried out by the medical team.

This Service Charter has been developed in collaboration with civil society associations, including Alcoholics Anonymous associations and patient family associations.

CONTACTS

PARK VILLA NAPOLEON – Casa di Cura privata

Via Terraglio 439/441

31022 Preganziol (Treviso)

Tel: (+39)042293215 – 042293216 - 042293217

www.parkvillanapoleon.i
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info@villanapoleon.i
t

parkvillanapoleon@pec.i
t

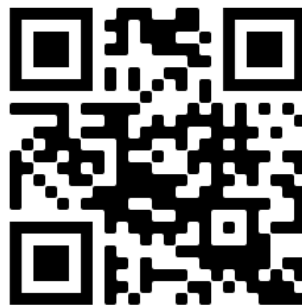


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Preganziol, Provincia di Treviso



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a cura di Davide Costantini